



Sign up for important updates from M. Guillory.

Get information for R D Mcadams J High School right on your phone—not on handouts.

Pick a way to receive messages for **MJHS Football**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/998a2d3

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

A graphic of a smartphone screen displaying the Remind sign-up interface. At the top, the address bar shows "rmd.at/998a2d3". Below that is a blue header with the text "Join MJHS Football". The form has two sections: "Full Name" with a text input field containing "First and Last Name", and "Phone Number or Email Address" with a text input field containing "(555) 555-5555".

rmd.at/998a2d3

Join MJHS Football

Full Name

First and Last Name

Phone Number or Email Address

(555) 555-5555

B If you don't have a smartphone, get text notifications.

Text the message [@998a2d3](https://rmd.at/998a2d3) to the number **81010**.

If you're having trouble with **81010**, try texting [@998a2d3](https://rmd.at/998a2d3) to **(707) 207-6462**.

* Standard text message rates apply.

A graphic of a smartphone screen displaying the text message sign-up interface. It shows a "To" field with the number "81010" and a "Message" field with the text "@998a2d3".

To

81010

Message

@998a2d3

Don't have a mobile phone? Go to rmd.at/998a2d3 on a desktop computer to sign up for email notifications.